

An Exploration into Planetary Consciousness



THE GROUP INSIGHT GAME

The **Group Insight Game** (GiG) changes the way people pay attention so they can easily access their combined awareness. Experimentally derived over many years, The **Group Insight Game** has now worked successfully for hundreds of people internationally. This is a win/win game.

By actively entering into a simple conversation requiring specific guidelines plus a meditative exercise, any interested and willing group can achieve deep rapport, creativity and acceptance. People sense, feel and think together intuitively. This leverages participants into a heightened state of consciousness. In this state of mental and emotional coherence, each person experiences the intelligence of being interconnected.

There is the joy of feeling liberated and at peace with everyone and everything. It seems impossible to do anything wrong. What was disturbing and overwhelming, appears organized and interesting. Paradoxically, individuals are able to strengthen their boundaries while merging with the synergy of the group. A state referred to as Planetary Consciousness is often achieved, an unmistakable sense of existing in a unity with all people and the whole of nature.

Once in this state, people can enjoy working, playing, or just being. There are many known applications: healing, both psychological and physical; telepathy between groups including collective remote viewing and mind/matter interactions; rapid consensus for decision making, problem solving and creative development in families, relationships, communities, politics and business; optimum performance in sports and any type of collaborative activity from symphony orchestras to surgical teams. This group consciousness technique can reliably focus the attention and intention of a group to perform tasks with a high level of insight, intensity and productivity.

Learning to play the **Group Insight Game** is much less demanding than learning how to balance a bicycle for the first time, yet what is required is comparable. A skilled facilitator/participant instructs players on the basics of the game.

What's required: Analogous to combining pedaling and balancing with awareness of the ground in front of them, players must keep track of at least three things. Each individual speaks to the group as a whole and the whole group listens. Participants must stay focused on actively verbalizing their experience of nonverbal rapport--as it occurs--with others. At the same time, everyone monitors conscious adherence to guidelines governing the use and avoidance of certain words and references. During this speaking and listening process, everyone makes eye contact with a partner. Unfamiliar speech and behavior patterns cause a heightened state of attention. This allows the group to travel into collective consciousness.

BACKGROUND

A Project of The Human Connection Institute and the Institute of Noetic Sciences.

"Educating for Peace through Planetary Consciousness: The Human Connection Project" is a long term educational/research effort involving a community of international scientists studying the hypothesis that humanity shares a single body, heart and mind. A cooperative effort involving the linkage of five scientific laboratories located in American and European cities will soon attempt to replicate numerous successful single lab studies. Subtle nervous system changes are expected to occur in participants thousands of miles apart as each in turn is allowed to secretly focus attention on another team member over one-way closed circuit TV. If, as expected, additional evidence is found to support this hypothesis, it will be dramatically presented to international television audiences, as part of a social research experiment with the following reasoning:

- ➔ Approximately, 95 to 97% of what happens in our personal "consciousness" never reaches our-so called-conscious awareness. In fact, millions of cooperating brain cells "pay attention" together to create our sensations, feelings, thoughts and intuitions.
- ➔ Similarly, within the "global brain" of humanity, millions of people may need to perceive compelling evidence of being linked together for the average person to have a conscious perception of being more deeply interconnected with others.
- ➔ If this latest round of scientific studies should prove positive and the media-based, social research experiment succeeds, there could be an irreversible shift in the average person's tendency to experience a spontaneous sense of interconnectedness with others.

- ➔ Ultimately, the presentation of the existence and benefits of collective consciousness to the world could trigger a whole system transition, implementing a beneficial shift in the overall consciousness of humanity.

- ➔ The artifice of personal, cultural, economic and national boundaries might be meaningfully re-associated, bringing us a step closer to a sense of sharing a planetary consciousness and the creation of a global civilization.

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